

Heartland Rock Steady Boxing Programs

Instructor	Class	Location	Address	City/State	Phone
Courtney Meyers	Rock Steady Boxing	Human Performance Institute	4004 Peachtree Dr.	Columbia, MO	573.777.4417
Michelle Haub	Rock Steady Boxing	Meadowlark Hills	2122 Meadowlark Rd.	Manhattan, KS	785.323.3899
Sarrisa Curry	Rock Steady Boxing	Rock Steady Boxing at In Your Corner KC	3825 W. 95th St.	Overland Park, KS	913.276.4665
Jason Campbell	Rock Steady Boxing	Title Boxing	7812 W 119 th	Overland Park, KS	913.433.2582
Gary Withall	Rock Steady Boxing	JQ's Parkinson's Training Center	4563 Indian Creek Pkwy	Overland Park, KS	913.742.0026
Jeni White and Rich White	Rock Steady Boxing	Rock Steady Boxing Pittsburg	1315 S. Broadway	Pittsburg, KS	620.704.9591
Shauna Smith Yates, Susan Gilmore and Polly Brandman	Rock Steady Boxing	Bodysmith	317 East Walnut	Springfield, MO	417.865.0500
Mannie Brown, Marcio Navarro and Erin Carpenter	Rock Steady Boxing	Rock Steady Boxing Wichita	1836 S. Woodlawn	Wichita, KS	316.500.3828

Do you know another Rock Steady Program in Kansas or Western Missouri that we should add to our list?

Contact Lori at 913.341.8828 or lwilliams@parkinson.org